

# Back-to-School Bingo

BY **BEGIN**

Make back-to-school prep playful and empowering with Back-to-School Bingo! This interactive activity helps children get ready for the new school year by turning common school readiness tasks into a fun game. From practicing routines to talking about feelings, each square represents something your child can do to feel more confident and excited about the transition.

Children can mark off each square as they complete an item—alone or with your help. Once they get BINGO (or fill the whole board), celebrate their progress together with a high five, a dance party, or a special treat. Every step they take builds independence, confidence, and makes for a smoother start to the school year.



## Keep in Mind

- **Start early.** We recommend beginning this activity about two weeks before school starts. This will give your child time to practice, ask questions, and grow their confidence without pressure.
- **Make it playful.** Let your child choose the order of tasks, decorate the board, or use stickers to mark their progress; it's all about making preparation feel fun and positive.
- **Talk it out.** Use this as a chance to have meaningful conversations with your child. Ask how they're feeling about school, what they're excited about, and what they're unsure of.



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Are you ready for the first day of school? Put an X on each square as you complete its task. When you cross out four squares in a row, shout “Bingo!”



**I know my  
grown-up's  
phone number.**



**I practiced my  
bedtime routine.**



**I helped pack my  
lunch or snack.**



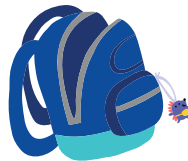
**I have my  
water bottle.**



**I drew a picture  
to show how I feel  
about school.**



**I have my school  
supplies ready.**



**I packed my  
backpack.**



**I practiced  
writing numbers.**



**I picked out  
what I will wear.**



**I showed kindness  
to someone.**



**I practiced  
washing my hands.**



**I talked about  
my feelings.**



**I practiced  
zipping up  
my jacket.**



**I practiced  
writing my name.**



**I know my  
home address.**



**I practiced my  
morning routine.**

