

# Kindness Bingo

Cross off each act of kindness after you do it.

<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
Helped someone without being asked.	Gave a genuine compliment.	Shared a toy or game.	Helped a friend solve a problem.	Invited someone new to play.
Helped clean up.	Wrote a thank you note.	Drew or wrote a kind note.	Said sorry and meant it	Helped make a meal or snack.
Told myself something kind ("I did my best").	Recycled or picked up trash.	Asked, "How are you doing?"	Said please and thank you.	Encouraged someone ("You can do it!").
Listened carefully.	Told a joke or made someone laugh.	Smiled at three people.	Gave a high five or cheered for someone.	Gave a hug or cheered someone up.

